



# TENNESSEE BROADBAND RESOURCE GUIDE

For people with Disabilities & their families

Having reliable and affordable internet is very important. It helps people go to school, get medical care, find jobs, and stay in touch with others. This is especially true for people with disabilities and their families. This guide was created to help you find low-cost or free internet in Tennessee and to share helpful resources for getting connected.

# LOW-COST INTERNET PROGRAMS



## **Xfinity Internet Essentials**

- Cost: \$14.95 per month, with free equipment
- Speed: Up to 50 Mbps
- Extras: Includes access to Xfinity Wi-Fi hotspots

You may qualify if:

- You live in an area where Xfinity offers service
- You take part in a government help program, such as:
  - Medicaid (health insurance for people with limited income)
  - Supplemental Nutrition Assistance Program (SNAP), also called food stamps
  - Supplemental Security Income (SSI) for people with disabilities or very low income
  - National School Lunch Program (NSLP) or Head Start (free or low-cost meals and early education for kids)
  - Public housing assistance
  - Temporary Assistance for Needy Families (TANF)
  - Low Income Home Energy Assistance Program (LIHEAP) (helps with energy bills)
  - Women, Infants, and Children (WIC) (food help for pregnant women and young children)
  - Federal Pell Grant (financial aid for college students with low income)
  - Veterans Pension
- You haven't had Xfinity internet in the last 90 days
- You don't owe Comcast money from the past year

## **Learn More:**



<https://www.xfinity.com/learn/internet-service/internet-essentials>

## **Apply Here:**



<https://www.xfinity.com/learn/internet-service/internet-essentials/apply>

# LOW-COST INTERNET PROGRAMS



## **Spectrum Internet Assist**

- Cost: \$25.00 per month for internet (Wi-Fi is an extra \$5/month)
- Speed: Up to 50 Mbps
- Extras: Free modem, no data caps, no contracts

You may qualify if:

- You live in an area where Spectrum internet is available
- You are a new customer (you don't already have Spectrum internet)
- You or someone in your household takes part in one of these programs:
  - National School Lunch Program (NSLP) — free or reduced-price meals at school
  - Supplemental Security Income (SSI) — for people with disabilities or low income (especially ages 65+)
  - Community Eligibility Provision (CEP) — if your child goes to a school where all students get free meals

## **Learn More:**



<https://www.spectrum.com/internet/spectrum-internet-assist>

## **Apply Here:**



<https://www.spectrum.net/support/account-and-billing/spectrum-internet-assist-and-internet-advantage>

# LOW-COST INTERNET PROGRAMS



## **Project 10Million**

- Cost: Free
- What's included: Free internet, free mobile hotspot device, and the option to buy a low-cost laptop or tablet

Who can get it:

Students may qualify if their family is part of a government assistance program or if the student is in a special situation.

This includes:

- Supplemental Nutrition Assistance Program (SNAP), also called food stamps (including through a P-EBT or EBT card)
- Temporary Assistance for Needy Families (TANF)
- Community Eligibility Provision (CEP) — if your child goes to a school where all students get free meals
- Medicaid — health insurance for people with limited income
- Head Start — early learning for young children from low-income families
- Foster youth, migrant students, or students who are homeless or have run away from home

**Learn More & Apply Here:**



<https://www.t-mobile.com/brand/project-10-million>

# LOW-COST INTERNET PROGRAMS



## Verizon Forward

- Cost: Up to \$30 off per month for 5G Home or LTE Home Internet plans

You may qualify if:

- Your income is less than 135% of the federal poverty level,  
OR
- You take part in one of these programs:
  - Supplemental Nutrition Assistance Program (SNAP) (food stamps)
  - Medicaid (health insurance for people with limited income)
  - Women, Infants, and Children (WIC) (food help for pregnant women and young children)
  - Federal Pell Grant (financial aid for college students)

**LEARN MORE & APPLY HERE:**



<https://www.verizon.com/discounts/verizon-forward/>

Size	Annual	100%	133%	135%
1	15,650	1,304	1,734	1,760
2	21,150	1,763	2,345	2,380
3	26,650	2,221	2,954	2,998
4	32,150	2,679	3,563	3,617
5	37,650	3,138	4,174	4,236
6	43,150	3,596	4,783	4,855
Each Additional Person	5,550	463	616	625

# LOW-COST INTERNET PROGRAMS



## AT&T Access Program

- Speed: Up to 100 Mbps
- Cost: Starts at \$10 per month (depending on the area and plan)

You may qualify if you are in one of these programs or your household income is low:

- Early Head Start — for young children in limited-income families
- Federal Public Housing Assistance
- Head Start — early education for young children from limited-income families
- Low Income Home Energy Assistance Program (LIHEAP) — help with energy bills
- Medicaid — health insurance for people with limited income
- Supplemental Nutrition Assistance Program (SNAP) — food stamps
- Supplemental Security Income (SSI) — for people with disabilities or limited income
- Temporary Assistance for Needy Families (TANF)
- Women, Infants, and Children (WIC) — food help for pregnant women and young children

OR

- if your household income is below 200% of the federal poverty level

Number of people in household	Maximum household income
1	\$31,300
2	\$42,300
3	\$53,300
4	\$64,300
5	\$75,300
6	\$86,300

**LEARN MORE & APPLY HERE:**



<https://www.att.com/internet/access/>



# LOW-COST INTERNET PROGRAMS: KNOX COUNTY



## KUB ConnectED

- Cost: Free internet service (up to \$80/month), with free in-home Wi-Fi router and enhanced services
- Speed: One Gigabit symmetrical KUB Fiber internet

You may qualify if:

- You live in the City of Knoxville or Knox County
- KUB Fiber internet service is available at your address
  - <https://www.kub.org/fiber-availability/>
- You have a student in grades K-12 (this includes public, private, charter, or home school students)
- Your household income is at or below 200% of the federal poverty level

Number of people in household	Maximum household income
1	\$31,300
2	\$42,300
3	\$53,300
4	\$64,300
5	\$75,300
6	\$86,300

**LEARN MORE & APPLY HERE:**



<https://www.kub.org/forms/connected-application>

# LOW-COST INTERNET PROGRAMS: HAMILTON COUNTY

## HCS EdConnect, Powered by EPB

### HCS EdConnect

- Cost: Free internet service for eligible families
- Speed: High-speed fiber internet access

You may qualify if:

- You have a child attending a school in Hamilton County
- Your child receives free or reduced-price lunch at school
- Your household participates in SNAP or other assistance programs

What if I don't live in EPB's service area?

If you don't live where EPB provides service, Hamilton County Schools will give you a mobile hotspot with unlimited data — free of charge.

**Learn More & Apply Here:**



<https://www.edconnect.org>

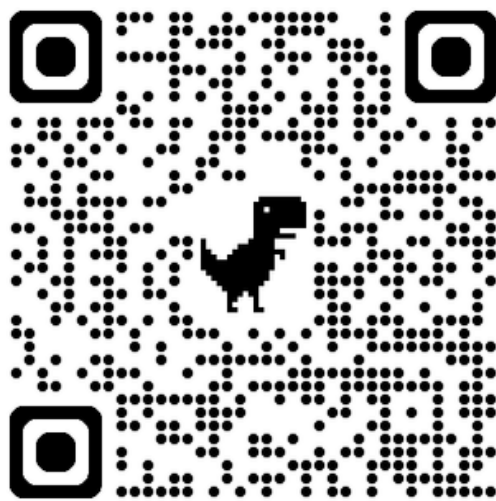


# LOCAL LIBRARIES



Many public libraries in Tennessee offer:

- Free WiFi hotspots to borrow
- Computer labs with accessibility features
- Digital literacy training



Call your local branch or visit  
<https://tnsos.net/TSLA/PLD/index.php>



CONNECT ♥ TRAIN ♥ LEAD



Family Voices of Tennessee is a statewide program that supports families raising children with disabilities, special healthcare needs, or chronic illnesses.

It operates as part of the **Tennessee Disability Coalition** and is Tennessee's Family-to-Family Health Information Center.

**Key services include:**

- Connecting families to resources, mentors, and tools for navigating healthcare, benefits, and insurance systems.
- Offering programs like the Family-to-Family Health Information Center (F2FHIC), Parent-to-Parent support, and Sibshops (workshops for siblings of children with disabilities).
- Advocating for systemic change by educating healthcare providers, policymakers, and educators.

[www.familyvoicestn.org](http://www.familyvoicestn.org)

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  @FamilyVoicesTN

